



Ku-ring-gai
High School

CANTEEN PRICE LIST

2018

COLD FOOD

SANDWICH	\$4.50
Egg, lettuce & mayo (V)	
Ham, cheese & tomato	
Chicken, lettuce & mayo	
WRAP	\$5.00
Falafal, hommus & salad (V)	
Chicken, salad & mayo	
TOASTED TURKISH	\$4.50
Chicken and Avocado	
Vegetarian (V)	
SALAD BOX	\$5.00
Chicken Caesar salad	
Greek or garden salad	
Brown Rice Salad	
SUSHI	\$4.00
Tuna & Avocado	
Salmon & Avocado	
Vegetarian	
Chicken & Cucumber	

HOT FOOD

Lasagne (Beef or Veg)	\$4.50
Butter Chicken and Rice	\$5.00
Fried Rice (V), (GF)	\$4.50
Honey Soy Chicken & Rice (GF)	\$4.50
Cheesy Tomato Pasta	\$4.00
Lean Beef Cheese Burger	\$4.50
Grilled Chicken Cheese Burger	\$4.50
Vegetarian Burger	\$4.50
Vegetarian Pizza	\$4.00
Frittata	\$4.00
Garlic Bread	\$2.00
Chicken Tenders (2) - baked	\$4.00
Beef Pie	\$4.00
Chicken Tender Roll	\$5.00

EVERYDAY HOT LUNCH SPECIALS

\$5.00

Monday	POTATO BAKE
Tuesday	MEXICAN e.g Burrito
Wednesday	MEDITERRANEAN- Roast veg
Thursday	ASIAN e.g Hokkein Noodles
FRIDAY	INDIAN e.g Butter Chicken

DAILY SNACKS

Yoghurt tub, with muesli	\$4.50
Fruit Bun	\$2.00
Fresh Fruit (e.g Banana, apple, mandarin)	\$1.00
Fruit Salad	\$2.50/\$4.50
Cereal Cup	\$2.00
Hot Cheese Roll	\$2.50
Toasties	\$2.50
Turkish Melt	\$2.00
Sea Salt Chips and SNAPS	\$1.50
Small Muffin/ Fingerbun	\$2.00
Banana Bread	\$2.50

DRINKS (\$1.50 - \$4.00)

Milk - plain and flavoured (300ml, 600ml)
Fruit Juice - 200ml, 375ml
Water - 600ml, 750ml
Diet Soft Drink - 500ml

FROZEN SNACKS (\$1.00 - \$2.50)