

Ku-ring-gai High School

Turramurra North Campus

Ms Dennielle Woskanian, Relieving Principal



28 October 2021

Dear Parents/Caregivers,

Year 7 Wellbeing Camp - The Great Aussie Bush Camp

As part of Year 7's transition into Ku-ring-gai High School our students take part in a three-day wellbeing camp at The Great Aussie Bush Camp – Tea Gardens. Year 7 Camp is an important milestone for our new students. An opportunity to challenge themselves, make new friends, and begin to really feel part of Ku-ring-gai High School. Year 7 students attend this camp whilst being supported by their new teachers and Year 10 Peer Support Leaders.

Day and date:	Monday 21 February to Wednesday 23 February 2022
Departure location and time:	Ku-ring-gai High School at 9.00am (please arrive by 8.40am)
Return location and time:	Ku-ring-gai High School at 3.00pm.
Cost of excursion:	\$332.
Travel will be by Private Bus.	
Please return to this permission note to the school by Friday, 19 November 2021.	
Payment is required no later than Thursday, 10 February 2022.	

The group will be supervised by Mr. Jackson Redshaw, Year Adviser, and other Ku-ring-gai High School staff. The staff member with emergency care training is Mr. J. Redshaw. The staff member with CPR training is Mr. J. Redshaw.

The excursion will involve the following water activities: Kayaking and raft building. These activities will take place at: The Great Aussie Bush Camp – Tea Gardens and life jackets will be supplied.

To participate in the excursion students will be required to wear appropriate clothing for active outdoor activities, including fully enclosed shoes, hat, and sun protective clothing, additional equipment is listed on the attached gear checklist.

If you do not wish your child to participate in this excursion, please note that they will need to attend school as per normal and they will be given an alternative task on that day.

Please read the Behaviour Code attached and sign the attached permission note and return it to the school by Friday 19 November 2021, payment is required no later than Thursday 10 February 2022.

Yours faithfully,

Dennielle Woskanian
Principal (rel.)

Trudy Taylor
Deputy Principal

Jackson Redshaw
Year Adviser

Behaviour Code

The behaviour normally expected at school applies during the excursion. Because of the unique matter of this excursion we feel it is important to emphasise the following:

- Behaviour at all times must be such that it brings credit to yourself and your school and fits within the school's code of behaviour as published in the student diary.
- Always stay with the group. Do not leave the group without permission.
- If you are given permission to leave the group make sure you know:
 - o The limits on where you can go
 - o The time you must be back.
- During the lunch break remain in the designated area and display good behaviour at all times.
- A NSW Department of Education regulation states "Under no circumstances may students at school or on a school organised and/or supervised activity, have in their possession or use – cigarettes...alcohol..." and/or e-cigarettes.
- NO valuables except what you can keep on your own person should be brought as they cannot be kept secure.
- Permission note to be returned by the due date.

Inappropriate behaviour will be dealt with in the context of the school's discipline policy. A serious breach of the behaviour code could result in parents/caregivers being asked to remove their child from the excursion and to organise transport home.

Privacy – advice

The information provided is being obtained for the purpose of ascertaining relevant medical information, requirements and other health care related needs for students who are currently enrolled at the school and who may participate in school excursions, sporting activities or other educational or school activities conducted by or in conjunction with Ku-ring-gai High School.

It will be used by officers of the NSW Department of Education to assist planning, to support students, and to minimise risks when conducting school excursions, sporting or other school activities.

Other persons or agencies that may be provided with this information include, but are not limited to, volunteers and members of external organisations who join with the school or are otherwise involved in the planning or delivery of the excursion, sporting or other school activity; and persons that may be called upon to provide health care treatment or other assistance during or as a consequence of such excursions or activities.

Provision of this information is not required by law. However, a failure to provide the information may mean that your child can not participate in a particular excursion or school activity. In such circumstances the school will make available a sound alternative educational experience.

Provision of this information will significantly assist the school in planning a safer educational activity. It will be stored securely. If you have any concerns about provision of this information, please contact the school principal to discuss further.

You may correct any personal information provided at any time by contacting the school office.

Payment details

Payment can be made via the school's website (<http://www.kuringgai-h.schools.nsw.edu.au/>). Click on the 'make a payment' tab at the top right-hand side then fill in the relevant details and under the payment options select excursion. The payment description must be the excursion name outlined on the permission note.

Payments can also be made directly at the school's office using cash, card or cheque. These payments must be made before school or during recess or lunch. Cheques are to be made payable to Ku-ring-gai High School. Ku-ring-gai High School prefers payments made online. Please be aware that any payments received after 6pm will take two (2) business days to be cleared by the school.

Ku-ring-gai High School

Turramurra North Campus

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PARENT/CAREGIVER CONSENT FORM

Please return this permission note to the school by **Friday, 19 November 2021.**

Payment is required no later than **Thursday, 10 February 2022.**

Permission:

I consent to _____ participating in the Year 7 Wellbeing Camp, The Great Aussie Bush Camp, excursion on Monday 21 February to Wednesday 23 February 2022.

I understand the departure location and time is from Ku-ring-gai High School at 9.00 am (please arrive by 8.40am) and the return location and time is Ku-ring-gai High School at 3.00 pm.

We (parent/caregiver & student) have read the behaviour code. We understand and accept the standard of behaviour outlined in the code.

I understand students may be involved in a water or swimming activity, **kayaking and raft building**, I advise that my child is a (*please tick one*):

<input type="checkbox"/> strong swimmer	<input type="checkbox"/> average swimmer	<input type="checkbox"/> poor swimmer	<input type="checkbox"/> non-swimmer
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I **give / do not** give permission for my child to participate in the water or swimming activities.

Note: I understand that my child will receive medical treatment in the case of an emergency.

Contact details:

The best contact number during the day(s) of the excursion is: _____

Emergency contact(s) details (nominated by the parent or caregiver as ALTERNATIVE contact):

1. Name: _____ Phone: _____

2. Name: _____ Phone: _____

Parent/Caregiver Signature

Date

PARENT/CAREGIVER CONSENT FORM (CONTINUED)

Please return to this permission note to the school by **Friday, 19 November 2021**.
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Medical/Special needs:

1. List existing medical conditions/illnesses/special needs (include asthma, diabetes, epilepsy, allergies etc.). Outline the treatment for each.
2. Outline special dietary needs including possible reaction to inappropriate diet.
3. Medication(s) to be administered during the excursion. Include name of medication, instruction for administration, and any possible reaction

MEDICAL PRACTITIONER'S CONTACT DETAILS	
Name	
Address	
Contact number(s)	
Medicare number (optional):	

IMPORTANT NOTE

When a medical practitioner has prescribed medication (including emergency medication that will need to be administered during the excursion, parents are responsible for:

- Bringing this need to the attention of the school.
- Ensuring that the information is updated if it changes.
- Supplying the medication and any 'consumables' necessary for its administration in a timely way. The medication should be well within its expiry date.
- Collaborating with the school in working out arrangements for the supply and administration of the prescribed medication for the duration of the excursion. For some excursions the school will ask you to supply the medication in a different way to what has already been agreed to by the school. You may be asked to supply an additional adrenaline autoinjector (i.e. EpiPen/Anapen) for example.

Parent/Caregiver Signature

Date

Gear Checklist – Children (Based on a 3 day camp)

PLEASE CLEARLY NAME ALL ITEMS

MEDICATION NEEDS TO BE GIVEN TO THE ORGANISING TEACHER

The checklist below is a guide only. It is a good idea for students to pack their own bags so that they can re pack for the trip home.

- Mess kit (plate, cup and fork) Non disposable
- Water bottle
- Raincoat (regardless of forecast)
- Hat or cap
- Sleeping bag (extra blanket in winter)
- Pillow
- Sunscreen & Hand Sanitiser
- 1 pair pyjamas (tracksuit in winter)
- Day pack (small backpack for water, sunscreen, etc)
- Torch (make sure it works before you leave home)
- Toiletries (including toothbrush!)
- Insect repellent
- 2 pairs of runners (1 old pair for water activities)
- Thongs – only for going to and from showers
- 3 T-shirts needed, no singlet tank tops / midriff tops (for safety on activities)
- 3 sets of underwear
- 3 pairs of shorts - NO MINI SHORTS (for safety on activities)
- 3 pairs of track pants (if cold weather forecast)
- 2 sloppy joes / windcheaters (if cold weather forecast)
- 3 pair socks
- Bath towel
- Beach towel and swimmers
- Optional - camera, money for souvenirs
- Tissues / hankies
- Plastic bags for wet clothes / towel.

